



South eastern Squash Racquets Association

July 2006

Hello SESRA:

First, squash news:

August DRAGON DOC tourney at Windy Hill promises a PSA event:

The annual Dragon Doc squash tournament, the kickoff of squash season in Atlanta, is scheduled for August 25th-27th at Windy Hill. This year's event includes a \$3,500 PSA challenge event as well as the broad range of skill levels, age groups, juniors and the ubiquitous presence of the Doc himself. Mark your calendars!

Final National Juniors Rankings:

Adil Ismail, 18th in BU 17

Sawyer Duncan, 24th in BU17 and headed for the BU19s next year

Derek Rowley, 90th in BU17s

Keenan Fernandez, 38th in GU17s

Lizzie Warner, 50th in GU17s

Kedira Ismail, 41st in the GU15s

The 10th SESRA Golf Tourney Benefiting SESRA Junior Squash

Registration and range at 11 a.m.; 1 p.m. Shotgun start
4-person scramble format; Prizes for first and second teams;
Closest to the hole, longest drive competitions.

At Atlanta National Golf Course

I wanted to bring you up to date on the golf event for July 25. We expect to have between 64 and 72 players, the largest turnout ever, to play one of the finest tracks in Atlanta. The \$150 fee includes lunch and refreshments on the cart, the round of golf, and a buffet dinner following the event. Gift certificates will be awarded to the first and second place teams based on low net handicap performance as well as longest drive and closest to the pin contests.

We still have some openings for participants, and for those who can't play but would like to help by sponsoring the longest drive (\$500) or a hole (\$100) or by participating in our silent auction (item list attached).

Response has been very good, so in advance of the event I'd like to say thanks, SESRA, for supporting our efforts...

Bob

Send checks made out to SESRA to: Diniar Alikhan, 543 Tara Trail, Atlanta, 30327

Or contact your Club captains to sign up:

- Concourse Athletic Club -Diniar Alikhan or Bob Elliott;
- Piedmont Driving Club - Alladin Mitha or John Gordon;
- Windy Hill - Bob Burton, Tom Rumpler or Dave Bridges.

SESRA Junior Golf Tournament Participation Levels:

Title Sponsor of \$2,000 includes:

- Naming of the event
- Lead ad in program
- Foursome golf package
- Special favors for participants
- Name on trophy
- Lead mention in SESRA monthly newsletter

Longest Drive sponsorship of \$500 includes:

- Recognition at longest drive hole
- Ad in program
- Special mention at awards ceremony

Player donations of \$150 include:

- Box lunch (sandwich, chips and fruit)
- Greens fees and cart
- Barbecue buffet after golf

Hole sponsors for \$100 include:

- Recognition at the tee of a hole



Southeastern Squash Racquets Association

Silent auction bids should be emailed to Leslie Blythe at lblythebg@aol.com.

Item Number One: Nike Ignite 450 driver: Min. bid \$200



Get Hot:

Ignite 450 driver features a large thin titanium face and a high moment of inertia to deliver a great combination of forgiveness and distance. A 10.5 degree loft and 45 inch length combine for great distance with uncompromising accuracy.

Thanks to Eben Hardie.



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ITEM NUMBER TWO: A Mountain High, a three day weekend at Highlands Cove, North Carolina. Min. bid: \$500



Life in the mountains: It's a dream; it's nature; it's space in which to live fully and breathe deeply; it's a way of life; it's a sense of wonder and beauty as far as the eye can see. Take a three-day weekend at this three-bedroom condominium in the gated community of Highlands Cove, a prestigious mountain community tucked between the mountain hamlets of Highlands and Cashiers in western North Carolina.



Highlands Cove is a 430-acre sanctuary in the clouds — pristine terrain alive with mountain laurel, rhododendron, oaks, hemlocks, wildflowers and wildlife. Enjoy the changing leaves, hike in the surrounding Blue Ridge mountains, or go shopping in nearby Highlands.

And the golf? Here's a review:

“Mountain golf. When those two words are spoken, visions of dramatic views, elevation changes, and bent grass fairways immediately spring to mind. Highlands Cove Golf Club gives the player all of that and more, much more. It's been said in the past that great scenery doesn't make for a great course design... Well, this is the exception that simply cannot be ignored. It is, in a word, magnificent. At a cost of 30 million dollars, 3 years of construction and a LOT of dynamite, this behemoth of a design can literally take your breath away while standing anywhere on the course by just taking in the incredible vistas overlooking the Carolina highlands or the "jaw-dropping" mountain backgrounds. This Tom Jackson design of 6582 yards, sits precariously on the side and in the valley of a beautiful range of mountains. The course, at its highest elevation points, rises over 4700 feet above sea level. Course conditions are spectacular with bent grass greens and lush, bent grass fairways.”

- Condo sleeps six (1K,1Q,2T). Greens fees not included (\$75 per round). Weekend in September or October to be negotiated with owner.
- Thanks to Bob Burton

Item Number 3: An Afternoon on Lake Lanier. Min bid: \$150



Take the day off. Take the kids or some friends to Lake Lanier for an afternoon of cruising, wakeboarding, tubing, or water skiing (with lessons if needed). End the day with a waterside picnic dinner for 4. Thanks to Leslie Blythe.

Item Number 4: Brunch for two at the Four Seasons. Min bid: \$150.



When only the finest will do, take your significant other to the best brunch in Atlanta. The Park 75 at the Four Seasons Hotel serves all meals, but their brunch is rated the best in Atlanta. The restaurant's tranquil contemporary space maintains a sense of elegance and dignity. During the day, sunlight streams through three floor-to-ceiling windows, illuminating white columns. Executive chef Robert Gerstenecker, who grew up on a farm in Canada, crafts a menu that rigorously respects the seasons. Brunch is one of the city's most elegant experiences, featuring a raft of ever-changing small dishes.

Be sure to have one of the very serious mimosas. Thanks to Michael Gough.

Item Number 5: Two tickets to see the Falcons play the Jaguars. Min. bid: \$100



Atlanta will round out their preseason schedule by hosting the Jacksonville Jaguars at the Georgia Dome at 7:30 PM (EST) on August 31. The game will mark the second straight season and for the fourth time in the past five years -- including three preseason contests -- the Falcons and Jaguars will face each other. The Falcons defeated the Jaguars 23-7 at Alltel Stadium last August in the third week of preseason play. Atlanta owns a 3-1 all-time preseason record against Jacksonville. Section 203, second row. Thanks to Bob Burton.

Item Number 6: Braves versus Mets. Min bid: \$100



Catch that fly ball you've been waiting for with a pair of ducats to see the Braves battle the New York Mets on July 31 at 1:05 p.m. Section 206L, Row 4, third base side opposite the pitching mound... great seats!

Thanks to Bill Kujawa.

Item Number 7: Historic litho for the golfing fanatic.

Min bid: \$50

An image of SHELL HOUSTON OPEN winners over the past five decades, including: Byron Nelson in the forties, Jack Burke in the fifties, Arnold Palmer in the sixties, Bruce Crampton in the seventies, Curtis Strange in the eighties and Payne Stewart in the nineties. The limited edition image is # 1083 /1500 by world famous James Fitzpatrick. Thanks to Bill Kujawa.

Item Number 8: A complete squash outfit. Min bid: \$200



Tired of swinging the same old racquet, peering through those scratched and dusty lenses at an old, slick ball? Courtesy of **Charlie Johnson's Squash Shop**, you can refit, renovate, and revamp your squash wardrobe with the following:

Prince O3 Silver Squash Racquet - Retail \$209.95

Prince Pro Lite Eyewear - Retail \$29.95

Prince Squash Balls (Doz.) - Retail \$39.95

Prince Headbands (2) - Retail \$10

Prince Wristbands (2) - Retail \$12

Total Package Value - \$300+

Item Number Nine: Nike OZ T100 Putter (Blue) Min. Bid: \$150



Wow! This is the latest in Nike innovation and technology. Break from convention with a non-traditional modified mallet putter that will have you in the bottom of the cup all season. A double bend shaft counterbalances your stroke to prevent opening or closing the clubface during the putting stroke, resulting in straighter, truer putts. Retail: \$169. Thanks to John Gordon.

Item Number 10: The best collection of squash videos. Min. bid: \$100.



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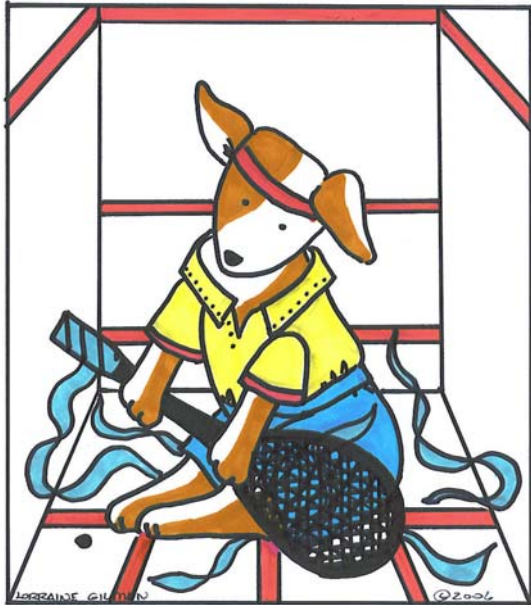
A collection of the finest squash of the past decade, for your shadow matches against Power, Palmer, Nicol etc....

1. Power Squash: Volumes 1,2, 3 (Instructional Video - \$62.50). This best-selling product incorporates three "volumes" (originally on videotape) on one DVD. This three set video covers all aspects of squash in an effective format that combines instruction, analysis of match sequences, and study of drilling methods. Volume one covers the basics. Volumes two and three build on those basics, first covering defending in the second and then attacking in the third. This video set is more detailed and more usable than prior similar efforts. Mike Way is Canadian National Coach and successful coach of both Jonathon Power, Graham Ryding, and Melanie Jans.
2. WISPA Texas Open (Several matches of the top women in the world - \$33.95). WISPA Texas Open 2005. This DVD includes the complete finals match and highlights from other rounds. This event featured a thrilling five game battle in the finals between Vanessa Atkinson and then #1 Rachael Grinham. Atkinson prevailed in five very hard fought games.
3. David Palmer: The Making of a Champion (Biography and instructional video - \$49.95) This unique and remarkable DVD seamlessly mixes together David Palmer's story (that is the story of his rise to world #1 in squash) and instructional segments presenting the drills and exercises that Palmer uses with his coach Shawn Moxham, and the reasons they are used.
4. Jonathon Power Exposed (Instructional Video plus interviews with Power - \$62.50). Jonathon Power is one of the greatest players to ever play the game of squash and now he has created the first ever squash instructional DVD. Whether you are a beginner, novice or expert player, this instructional DVD is guaranteed to improve your game. For the first time you get a complete in depth analysis into the game of squash through the eyes of a World Champion. With full commentary by Jonathon throughout, he reveals what it takes to play this great game. This Dvd provides substantial content to improve your squash, with over 120 mins of drills, matchplay, training and special features... this is Jonathon Power Exposed.

Thanks to Ron Beck at SquashTalk.

Item number 11: LEGO masters his boast... Min. bid \$50.

This whimsical Lorraine Gilman drawing puts the game in its proper perspective: that of Lego, the globe-trotting Jack Russell terrier who truly knows how to savor the moment ... or at least try to.



LEGO KNEW IF HE JUST CHANGED HIS GRIP
THAT HE COULD MASTER HIS BOAST.